

# Nurturing Talent & Fulfilling Potential



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## WELCOME BACK TO HCB FOR THE NEW SCHOOL YEAR

**NEW School Term:** Welcome back to all our pupils and a special welcome to our new Primary 1 pupils for the new school term. We would like to thank all of our pupils, parents and staff for working so well together last week to help make the transition back to school after the summer holidays as easy as possible for everyone involved.

**Solitude Winners:** We are delighted that we will have the use of the facilities at Solitude (for the 4<sup>th</sup> successive year) every Friday as a reward for our P4-7 pupils who display an outstanding effort with their behaviour and their attitude at school. This will start on **Friday 15<sup>th</sup> Sept** and the lucky **24 boys** will go along with our two staff members and local football stars Tony Kane (Dundela FC) and Joe Gormley (Cliftonville FC). Thanks so much to Cliftonville FC and especially Imelda Pettigrew.

**School of Philosophy House Winners:** As in previous years, two boys from each class will win certificates for displaying positive behaviour and trying hard with all areas of school life on a weekly basis. This will start tomorrow and the 32 boys will receive their certificates and Tuckshop Voucher (50p) every Friday, starting next Friday 8<sup>th</sup> September.

**Philosophy:** Another year beckons for the HCB School of Philosophy and we are excited as we dare to think differently using our many philosophical themes. Stay posted to be inspired as the creative, critical and caring thinking will flow throughout the HCB building!

**Music:** Class & Peripatetic lessons on flute, violin, brass, cello & bassoon will be starting again in the coming weeks.

**Mental Health Awareness:** The first session for P6 & 7 pupils will be on **Thursday 7<sup>th</sup> September** with specialist, Joe Watson.

**Physical Education:** PE Coordinator, Mr Johnston has completed the PE timetable and classes will commence this week. All pupils should wear their full P.E Uniform on their P.E days: **Black Jogger Bottoms, White Polo Shirt, Normal Black School Jumper with HCB Crest & Black Trainers.** Swimming for Primary 6 will start on Friday 22<sup>nd</sup> September 2023 at the Falls Leisure Centre and the focus for the first Physical Education theme for September/October is dance. School teams for Gaelic Football (Mr Magennis), Soccer (Mr Mullan), Handball (Mr Ferrin) and Table tennis (Mr Ferrin) will also commence soon. GaelFit coaching (6 weeks) will start on Wednesday 6<sup>th</sup> September for P3 & 4 classes.

**Extended Schools:** We will restart our Extended Schools Programme on **Monday 18<sup>th</sup> September 2023.** Notes and reply slips will be sent home in the coming weeks with the boys, detailing out extensive list of activities, including Sports (Multi-Sports, Soccer, Handball, Table tennis and Gaelic Football), Languages (Irish, French and Spanish) and Musical instruments (drums and guitar). We will also have iPad classes, Nature Studies, Science Investigations & Arts and Crafts. ES funding is also inclusive of our Counselling Service for this academic year. It is planned to resume in September and will run for the majority of school year with Family Works.

**School Lunches:** Reminder: If a child is eligible for a Free School Meal (FSM), you need to reapply on the [eani.org.uk](http://eani.org.uk) website.

<https://www.eani.org.uk/financial-help/free-school-meals-uniform-grants/apply-for-free-school-meals-uniform-grants>

Click on the link for the HCB Healthy Eating Policy:

[https://storage.googleapis.com/siteassetswd/684/docletter/20220705104703\\_11\\_Healthy\\_Eating\\_Policy.pdf](https://storage.googleapis.com/siteassetswd/684/docletter/20220705104703_11_Healthy_Eating_Policy.pdf)

**Pupil Information and Consent Form:** Please ensure that you complete and sign this form (sent home last Tuesday) to ensure that we have all relevant and up to date details for you and your son (if you have not already done so). NB: Please contact the school asap if you have any medical issues/concerns regarding your son that the school should know about.

**Breakfast club** started last Tuesday 29<sup>th</sup> August for P2-7 and will start on Monday 2<sup>nd</sup> October 2023 for Primary 1. The Breakfast Club opens at 8:00am in the school canteen and costs of £1 per morning (includes cereal, toast and a drink).

**Feast of the Holy Cross:** Pupils will finish early on **Thursday 14<sup>th</sup> September 2023** for the Feast of the Holy Cross. P4-7 pupils will attend the mass in Holy Cross Church and return to the school afterwards. All classes will finish at 11.00am. There will be no dinners and no homework.

**Parent Curriculum Evening:** Teachers will prepare a video and send via relevant class apps to parents on **Wednesday 6<sup>th</sup> September.** This will also be uploaded to the School Website.

**New Homework Diaries:** The boys will receive their new Homework Diaries tomorrow. Please spend some time going over them with the boys and enjoy your 40 weeks of the Well-being log!

**School Holidays 23/24:** [https://storage.googleapis.com/siteassetswd/684/docletter/20230309120136\\_15\\_HCB\\_School\\_Holidays\\_for\\_Parents2023-2024.pdf](https://storage.googleapis.com/siteassetswd/684/docletter/20230309120136_15_HCB_School_Holidays_for_Parents2023-2024.pdf)



## Wellbeing Weekly

**Philosophy Question:** Would you swap lives with your dog/cat for a day?

**Weekly Challenge:** Make a new friend!

**Motivational Quote:** Make this your best day ever!

**Happy Birthday**  
James Engelen, Franco-David Covaci, Harley McMullan, Jacob Cooke-Faulkner, Cillian Doherty, Fionntan Morgan, Eoghan Harrison, Jack Maguire, Liam Robinson, Alfie O'Hare & Aidan Kelly

## Upcoming Events

- \***Homework** will start tomorrow, Mon 4<sup>th</sup> Sept for all P2-7 pupils.
- \***Homework Monitoring Week** from Monday 11<sup>th</sup> to Fri 15<sup>th</sup> Sept.
- \***Trainer Tuesday:** Pupils can wear their trainers on Tuesdays for 50p, starting Tue 5<sup>th</sup> Sept.
- \***Friday Tuckshop:** will take place every Friday, continuing on Friday 8<sup>th</sup> Sept.
- \***Curriculum Meetings:** Teachers will send video via relevant class apps to parents on Wed 6<sup>th</sup> Sept. These will also be uploaded to School Website for Class Information Video.
- \***P1-P7 Intranasal fluenz Tetra vaccine** on Friday 13<sup>th</sup> October.
- \***Solitude Friday Visits:** Restarts Friday 15<sup>th</sup> September.
- \***Feast of the Holy Cross:** Pupils will finish early on Thurs 14<sup>th</sup> Sept at 11.00am.
- \***Punctuality Monitoring Week:** This will take place from Mon 18<sup>th</sup> to Fri 22<sup>nd</sup> Sept.
- \***European Languages Day:** Tues 26<sup>th</sup> Sept.
- \***World Mental Health Day:** Tue 10<sup>th</sup> Oct
- \***Book Fair** starts on the week beginning Monday 16<sup>th</sup> October (Details to follow).
- \***Rewarding Pupils:** Awards for Reading, Maths and Attendance at Mid-term and end of term to start Monday 23<sup>rd</sup> October.
- \***Halloween Break** Halloween Break from Thur 26<sup>th</sup> Oct to Wed 1st Nov inclusive. Early finish on Wed 25<sup>th</sup> Oct (P2, 4 and 6 finish 11.45am, P3, 5 and 7 finish 12.00pm. RR, SR and P 1 will finish at 11.30am.
- \***Anti-Bullying Week:** Mon 13<sup>th</sup> - Fri 17<sup>th</sup> November.
- \***World Philosophy Day** is on Thur 16<sup>th</sup> Nov 2023 (Focus on Aristotle).



## EAT SMART WITH THE LUNCH BUNCH

ea catering WEEK FOUR

WEEK COMMENCING: SEP 04, OCT 2, OCT 30, NOV 27, JAN 01, JAN 25



Lunches at Holy Cross Boys' Primary School

**Bread snack/ Sandwiches** **Fruit/Yoghurt** **Drink: milk, water or diluted juice**

Treat: 1 normal size bar of chocolate or normal size bag of crisps/salted popcorn.

NB: NO FIZZY drinks or sweets. NO oversized bars of chocolate.



### MONDAY

#### MAIN COURSES

Pizza

#### SIDES

Spaghetti Hoops

And

Chips

#### DESSERT

Jelly and Fruit

### TUESDAY

#### MAIN COURSES

Savory Mince

#### SIDES

Baton Carrots

And

Mashed Potato

#### DESSERT

Jelly & Fruit

### WEDNESDAY

#### MAIN COURSES

Chicken Curry & Naan Bread

#### SIDES

Sweetcorn

And

Steamed Rice

#### DESSERT

Date Fudge & Custard

### THURSDAY

#### MAIN COURSES

Roast of the Day, Stuffing & Rich Gravy

#### SIDES

Peas & Baton Carrots

And

Mashed Potato/Oven Roast Potato

#### DESSERT

Ice-Cream

### FRIDAY

#### MAIN COURSES

Oven Baked Chicken Goujons

#### SIDES

Baked Beans

And

Chips

#### DESSERT

Homemade Biscuit

Click on the link below for the full HCB Dinner Menu for 2023-24:

[https://view.officeapps.live.com/on/embed.aspx?src=https://storage.googleapis.com/siteassetswd/684/docletter/20230831013823\\_74\\_Dinner\\_Menu\\_September\\_2023.docx](https://view.officeapps.live.com/on/embed.aspx?src=https://storage.googleapis.com/siteassetswd/684/docletter/20230831013823_74_Dinner_Menu_September_2023.docx)

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20
RR	8.45	2.00	12.30
SL	8.45	2.30	12.30

# HCB Weekly Bulletin for Monday 4<sup>th</sup> to Friday 8<sup>th</sup> September 2023