

Nurturing Talent & Fulfilling Potential



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H.C.B School of Philosophy House System Winners



1Q: Brandon Burke Conway & Coen McKenna **1T:** Jay Quigley & Shane Og Johnston **2F:** Brian Og Wootton & Dylan Lean **2M:** Sean Rock & Sean O'Neill **3Mc:** Charlie McNally & Lorcan Cahill **3Mo:** Conly McMahon & Fionn Wallace **4W:** Jaxon Wilgaus & Leo Hall **4M:** James Rodgers & Martin Shortt **5W:** Charlie Armstrong & Caolan Kelly-McAllister **5C:** Jamie McGonnell & Cameron Clarke **6M:** Nathan Silva Melo Boyle & Piaras Watt **6EJ:** Jay Dilucia & Bradain Kane **7L:** Christopher Gormley & Mason Jay Bradley **7H:** Gavin Og McKeown & Aidan Kelly **Starlight:** Junior Lavery **RR:** Eoghan Finnegan



Solitude Winners: Well done to the following boys who were selected to go to Solitude on Friday 6th October 2023 for a coaching session on the pitch with our two current staff members, Hollie Mailey and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. **Starlight Rm/P4:** Stephen Marley, Harlee Cooke -Faulkner, Tomas Braniff, Lucas Saunders, Cillian McCabe, Leo Cosgrove, Odhran Braniff, Finn Murphy, Finlay Stanton, Braden McAllister & Kai Slavin. **P5:** Jack McAuley Reid, Patrick O'Neill, Seamus McGuinness, Cameron Clarke, Charlie Armstrong, Leyton Smith, Calvin McGeough & Caolan McAllister. **P6:** (At Swimming - Week 4). **P7:** Christopher Gormley, Junior Brady Evans, Phoenix O'Sullivan, Patrick Vallidai, Aidan Kelly, Gavin Og McKeown, Daniel Murtugh & Jack Coogan.

World Mental Health Day: To celebrate World Mental Health Day on Tuesday 10th October, we have organised a Relaxation and Meditation session with Donna Hawkins for every class in the school. The annual Poster Competition to design a poster to highlight the importance of mental health awareness will also take place and the 16 winners will receive a prize on Friday 13th October.

Book Fair: The annual Book Fair returns to HCB on Monday 16th October. Remember we get 60% of your total spend back in book vouchers, which we can use to purchase new novels, reading and story books for the school. We rely heavily on this to replenish and update our book collections. Please read the information and check the timetable, which will be sent home next week with your son.

Student Council: HCB Student Council for 2023-24 was selected this week. Well done to the boys who experienced their first student council meeting of the year. Alongside Coordinator, Ms Lynch, the boys discussed their action plan and shared some of their ideas for the year ahead (pic below).

Religion: The boys had a special tour of the beautiful Holy Cross Church last week. A special year and visit for the children as they prepare for Holy Communion, scheduled for Friday 17th May 24 @11am. The boys learnt lots of facts about the Church and the history of the Passionists at Holy Cross. A special thanks to Brian McKee for facilitating the visit. <https://www.holycrossboys.com/latest-news/news/holy-cross-church-visit/>

Counselling Service: With the help of ES funding, we are now offering a specialist counselling service for selected pupils on Wednesdays.

Punctuality Monitoring: A small number of pupils are continuing to come to school late on a regular basis even after being on Punctuality Report Card last week. Meetings will be organised with the parent/guardian of the relevant pupils this week. We would recommend parents avail of the option to send their child to the Breakfast Club if finding it difficult to ensure their child attends school on time. **Breakfast Club** opens at 8:00am in the school canteen and costs of £1 per morning (includes cereal, toast and a drink). **Wednesdays are always FREE for all pupils**, and we give out Tuckshop and Breakfast Club vouchers every Wednesday.

Philosophy: Philosopher of the Week goes to Sean who dared to think differently on Homelessness.

ART: Year 3 had a great visit from New Lodge Arts Programme to begin making their monster lanterns for the lantern display in Alexandra Park. Lots of fun and lots of creative minds at work. Well done boys!

Music: Singing Practice for P1-3 on Fridays @11.00 to 11.30am and P4-7 on Thursdays @11.10 to 11.40am. Classes & Peripatetic lessons on flute, violin, brass, cello & bassoon continue weekly.

Mental Health Awareness: The 3rd session for P6 & 7 pupils will be on Thursday 12th October with specialist, Joe Watson.

Physical Education: Swimming for Primary 6 (Week 4) takes place on Friday 13th October 2023 at the Falls Leisure Centre and the focus for the first Physical Education theme for September/October is dance. Thanks to Oisín @gaelfit for our hurling training for P3 & 4. **GaelFit** coaching (6 weeks) continues Wed 11th October for P3 & 4 classes (Week 3) and **Multisport Games** at the Ardoyne Community Centre with **Community Sports Network** on Thursdays for 6J (10.10-10.30), 6M (10.30-11.00), 7H (11.00-11.30) and 7L (11.30-12.00). P5 classes will have **Gaelfast** lessons on Tuesdays SW R14 @1.10-1.50pm and 5C R14 @1.50-2.30pm.

Sport Changes Life - Honour Roll Programme with Aaron at AYC. The programme will be 8 weeks based around the transition from Primary 7 to first year. The 3rd of the 8-week programme is on tomorrow, Monday 9th October for P7L R18 and P7H R20. The school football team (under the guidance of Mr Mullan and Joe Gormley) overcame St. Joseph's 3-0 in the EDCO U11 Cup (9 a-side) at Solitude. Goals from Leon Shannon, Christopher Moloney and Faelan McGuckian and a man of the match performance from Jacob Patterson at centre back, ensured a second-round clash with the winners of Strandtown P.S. or Orangefield P.S. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities and also to Cliftonville's Paul McKeown and David Begley for the Free tickets for yesterday's game with Dungan Swifts. The tickets were snapped up extremely quickly by our very grateful parents and excited pupils! HCB will begin their defence of the Cyril Murray Cup when they meet Cairnshill P.S in the opening round on the 19th of October.

Extended Schools is fully up and running (with Week 4 starting tomorrow, Mon 9th Oct 2023 and the boys are loving the variety of activities that are available this year, including Mini-Soccer, ICT/Podcasting Club, Guitar, Arts and Craft, French, Table Tennis, Science Investigations, Spanish, Irish, Multi sports, Mental Health Awareness, Gaelic Football, ASD HW Club, Handball, Soccer, Nature Studies, Drum Kit and our Peer Mentoring Programme in conjunction with Ardoyne Youth Club.

Tony Kane: HCB would like to wish our esteemed member of staff, Tony Kane, all the very best as he retires from football after a distinguished playing career. Tony continues to be a role model for our boys, and we are very proud of you Tony. <https://www.holycrossboys.com/latest-news/news/good-luck-tony/>

School Holidays 23/24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230309120136_15_HCB_School_Holidays_for_Parents_2023-2024.pdf

Year 4 Church tour



HCB Football Team progress in EDCO U11 Cup



Breakfast Club Winners



HCB Student Council 2023-2024

Reader of the Week



Sports Star of the Week



Mathematician of the Week



Philosopher of the Week



Musician/s of the Week



Healthy Eating Ambassador



Monday 9th Oct

Fish Fingers, Beans & Chips. Jelly & Fruit.

Tuesday 10th Oct

Savory Mince, Baton Carrots & Mashed Potato. Sponge & Custard.

Wednesday 11th Oct

Chicken Curry, Naan Bread, Sweetcorn & Steamed Rice. Ice Cream & Fruit

Thursday 12th Oct

Roast of the Day, Stuffing, Rich Gravy, Carrots, Peas & Mashed Potato/Oven Roast Potato. Flake meal Biscuit.

Friday 13th Oct

Hot Dog, Sweetcorn & Chips. Frozen Yoghurt



Dinner Menu 2023-24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230831013823_74_Dinner_Menu_September_2023.pptx

Wellbeing Weekly

Philosophy Question: What would you do if you found a ring of invisibility?

Weekly Challenge: Tell a relation that you love them and explain why.

Motivational Quote: "Take the first step in faith. You don't have to see the whole staircase, just take the first step." Dr. Martin Luther King Jr.

Happy Birthday

James Corrigan, Lorcan

Cahill, Lawrence McAfee,

Christopher Moloney,

Lochlann Turley, Calvin

McGeough & Callum McHugh.

Upcoming EVENTS

Trainer Tuesday: Pupils can wear their trainers on Tuesdays for 50p, starting Tue 10 Oct.

Breakfast Club FREE entry on Wed 11 Oct for P2-7 pupils from 8am.

New Lodge Arts - Lantern Workshop for Year 3: 3Mo R13 5th and 12th Oct @9.30am and 3Mc R10 On 19th and 20th Oct @ 9.30am.

World Mental Health Day: Tue 10th Oct. Class massage and relaxation visits with Donna.

Friday Tuckshop: will take place every Friday, continuing on Friday 13 Oct.

P1-P7 Intranasal fluenza Tetra vaccine on Friday 13th October.

Solitude Friday Visits on Friday 13 Oct.

Book Fair starts on the week beginning Monday 16th October (Details to follow).

Rewarding Pupils: Awards for Reading, Maths and Attendance at Mid-term and end of term to start Monday 23rd October.

TRIPS: 4W R12 on Mon 23rd Oct and 4M R11 on Tue 24th Oct (WW2 Trip). Year 4 to Waterfront Hall (Ulster Orchestra) on Mon 27 Nov.

P7H Relaxation and Therapy sessions with Donna Hawkins on Wed 8, Wed 15, & Fri 24 Nov.

P7 Transfer Mock Day 1 Tue 7th Nov and Day 2 Tue 21st Nov 2023.

Halloween Break Halloween Break from Thur 26th Oct to Wed 1st Nov inclusive. **Halloween Hooley** will take place on Wed 25th Oct. There will be a prize for the best costume in each class. No dinners will be served, and the pupils will finish earlier on 25th Oct: P1 will finish at 11.30am. Early finish on Wed 25th Oct (P2, 4 & 6 finish @11.45am, P3, 5 & 7 finish @12.00pm. RR, SR & P 1 finish @11.30am.

Anti-Bullying Week: Mon 13 to Fri 17 Nov.

World Philosophy Day is on Thur 16th Nov 2023 (Focus on Aristotle).

Holy Communion on Fri 17 May 24 @11am. HCB and HCG will make it together.