

Nurturing Talent & Fulfilling Potential



Phone: 02890-351032 holycrossboys@hotmail.com Twitter: @HolyCrossBoys FB: Holy Cross Boys' PS www.holycrossboys.com

H.C.B School of Philosophy House System Winners



1Q: Kain Boyle McAllister & Killian McClenaghan O'Neill **1T:** Roan Fitzsimmons & Jay Kearns **2F:** Neil Murphy & Mason Madden
2M: Jordan McClafferty & Brody Oliver **3Mc:** Eoghan Harrison & Jayden Morgan **3Mo:** Gerard Frame & Noah Kelly **4W:** Lucas
 Saunders & Cain Reid **4M:** Aodhan Catney & Edward Og Begley **5W:** Leyton Smith & Patrick McManus **5C:** Caiden O'Hara & Haiden
 Toner **6M:** Sean Ferguson & Ryan Reilly **6EJ:** Alex Cameron & Finbarr Johnston **7L:** Junior Brady Evans & Phoenix O'Sullivan **7H:**

Danny McGonigle & Mason McGrandles Starlight: Jacob McKenna RR: Ivan Aldoshyn

Solitude Winners: Well done to the following boys who were selected to go to Solitude on Friday 13th October 2023 for a coaching session on the pitch with our two current staff members, Hollie Mailey and Joe Gormley (Cliftonville FC). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. **Starlight Rm/P4:** Stephen Marley, Harlee Cooke -Faulkner, Tomas Braniff, Lucas Saunders, Cillian McCabe, Leo Cosgrove, Odhran Braniff, Finn Murphy, Finlay Stanton, Braden McAllister & Kai Slavin. **P5:** Jack McAuley Reid, Patrick O'Neill, Séamus McGuinness, Cameron Clarke, Charlie Armstrong, Leyton Smith, Calvin McGeough & Caolan McAllister. **P6:** (At Swimming - Week 4). **P7:** Christopher Gormley, Junior Brady Evans, Phoenix O'Sullivan, Patrick Valliday, Aidan Kelly, Gavin Og McKeown, Daniel Murtagh & Jack Coogan.

<https://www.holycrossboys.com/latest-news/news/solitude-weekly-winners-a7cms4563-news-live-918>

HCB Annual Bookfair: Our Book-fair will take place in the school assembly hall throughout next week. It will be open each morning and afternoon - please check the link for the specific times for your child. <https://www.holycrossboys.com/latest-news/news/hcb-annual-bookfair-is-back---starts-monday-16th-to-friday-20th-october/>

World Mental Health Day: HCB celebrated World Mental Health Day (Tue 10 Oct) with every class in the school having a superb Aromatherapy and Relaxation session with Donna Hawkins from the Ardyne Shankill Health Partnership. Thank you so much to Donna for delivering Mental Health Awareness to all our pupils. To complete the Mental Health and Wellbeing theme, we had our annual Mental Health Awareness Poster competition on Friday. Well done to all our winners, who received a tuckshop voucher from our Mental Health Coordinator, Mr Mullan!

Counselling Service: With the help of ES funding, we are now offering a specialist counselling service for selected pupils on Wednesdays.

Breakfast Club opens at 8:00am in the school canteen and costs of £1 per morning (includes cereal, toast and a drink). Wednesdays are always FREE for all pupils, and we give out Tuckshop and Breakfast Club vouchers every Wednesday.

Philosophy: Philosopher of the Week Thomas dared to think differently on, Can you tell yourself a lie? Well can you?

Music: Singing Practice for P1-3 on Fridays @ 11.00 to 11.30am and P4-7 on Thursdays @ 11.10 to 11.40am. Classes & Peripatetic lessons on flute, violin, brass, cello & bassoon continue weekly.

Mental Health Awareness: The 3rd session for P6 & 7 pupils will be on Thursday 19th October with specialist, Joe Watson.

Physical Education: Swimming for Primary 6 (Week 5) takes place on Friday 20th October 2023 at the Falls Leisure Centre and the focus for the first Physical Education theme for September/October is dance. Thanks to Oisín @gaelfit for our hurling training for P3 & 4. Gaelfit coaching (6 weeks) continues Wed 18th October for P3 & 4 classes (Week 4) and **Multisport Games** at the Ardoyne Community Centre with **Community Sports Network** on Thursdays for 6J (10.10-10.30), 6M (10.30-11.00), 7H (11.00-11.30) and 7L (11.30-12.00). P5 classes will have **Gaelfast** lessons on Tuesdays 5W R14 @ 1.10-1.50pm and 5C R14 @ 1.50-2.30pm.

School Teams: Well done to the school football team, under Mr Mullan and Joe Gormley, who helped steer HCB into the third round of the EDCO U11 Cup (9 a-side) at Strandtown. Goals from man of the match, Tiernan Graham and Christopher Moloney gave HCB a HT lead of 2-1 before Strandtown equalised and brought the game to extra time. After a pulsating encounter, Faelan McGuckian's penalty strike proved decisive. <https://www.holycrossboys.com/latest-news/news/hcb-advance-in-penalty-shootout/> The Gaelic Football team (under Mr Magennis) battled bravely in the Cumann na mbunscol Antrim league but lost out to Holy Trinity P.S and Gaelscoil na bhFál. HCB had excellent displays from Cael Mullan in defence and Faelan McGuckian at mid-field, while Braiden Kane was outstanding in goals. <https://www.holycrossboys.com/latest-news/news/hcb-gaelic-football-team-in-action-in-the-cumann-na-mbunscol-antrim-league-7p-28>. HCB will begin their defence of the Cyril Murray Cup when they meet Cairnshill P.S in the opening round on the 19th of October.

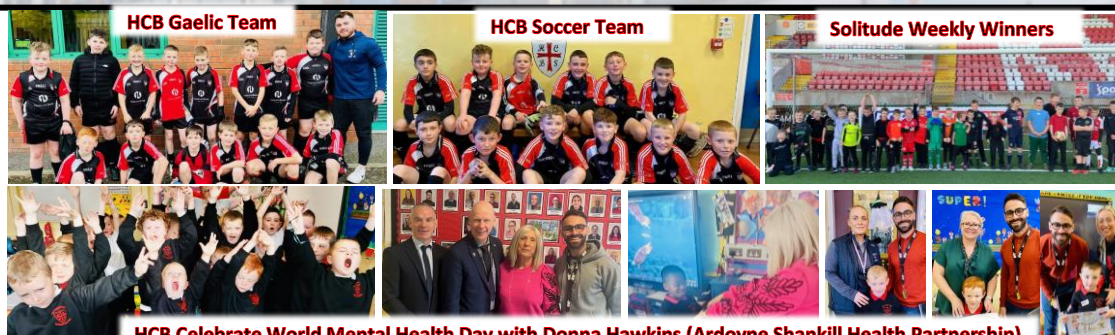
Sport Changes Life - Honour Roll Programme with Aaron at AYC. The programme will be 8 weeks based around the transition from Primary 7 to first year. The 4th of the 8-week programme is on tomorrow, Monday 16th October for P7L R18 and P7H R20.

Extended Schools The final Week 5 (of Block 1) starts tomorrow, Mon 16th Oct 2023 and the boys are loving the variety of activities that are available this year, including Mini-Soccer, ICT/Podcasting Club, Guitar, Arts and Crafts, French, Table Tennis, Science Investigations, Spanish, Irish, Multi sports, Mental Health Awareness, Gaelic Football, ASD HW Club, Handball, Soccer, Nature Studies, Drum Kit and our Peer Mentoring Programme in conjunction with Ardoyne Youth Club.

<https://www.holycrossboys.com/latest-news/news/nature-studies-/>

School Holidays 23/24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230309120136_15_HCB_School_Holidays_for_Parents_2023-2024.pdf

HCB Healthy Eating Policy: https://storage.googleapis.com/siteassetsswd/684/docletter/20220705104703_11_Healthy_Eating_Policy.pdf

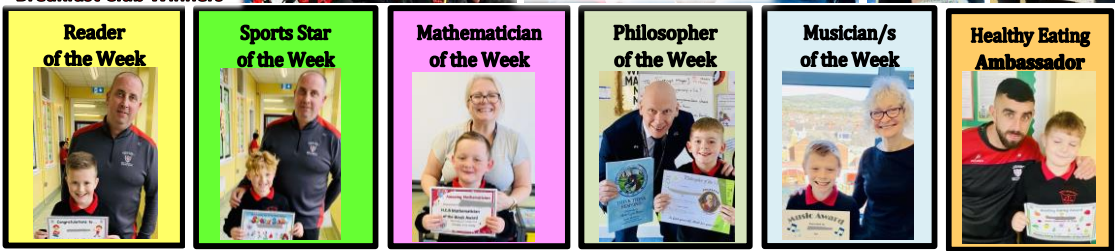


HCB Celebrate World Mental Health Day with Donna Hawkins (Ardoyne Shankill Health Partnership)



Breakfast Club Winners

Philosophy with Primary 1



	Monday 16 th Oct	Tuesday 17 th Oct	Wednesday 18 th Oct	Thursday 19 th Oct	Friday 20 th Oct
	Sausage Roll, Baked Beans & Chips. Ice Cream and Fruit.	Beef Meatballs, Tomato and Basil Sauce, Sweetcorn & Pasta, Apple Sponge & Custard.	Chicken Curry & Naan Bread, Garden Peas, Sweetcorn & Steamed Rice, Strawberry Mousse.	Roast of the Day, Stuffing & Rich Gravy, Cauliflower/Broccoli & Mashed Potato/Oven Roast Potato, Jam & Coconut Sponge Cake.	Beef Burger, Sweetcorn & Chips, Flake meal Biscuit.

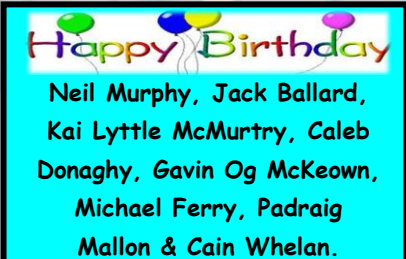
Dinner Menu 2023-24 https://storage.googleapis.com/siteassetsswd/684/docletter/20230831013823_74_Dinner_Menu_September_2023.pptx

Wellbeing Weekly

Philosophy Question: Stuck on a desert island - how would you survive?

Weekly Challenge: Help mum/dad with the dishes.

Motivational Quote: Fall down seven times, get up eight. Japanese Proverb.



Upcoming EVENTS

Trainer Tuesday: Pupils can wear their trainers on Tuesdays for 50p, starting Tue 17 Oct.

Breakfast Club FREE entry on Wed 18 Oct for P2-7 pupils from 8am.

New Lodge Arts - Lantern Workshop for Year 3: 3Mc R10 On 19th and 20th Oct @ 9.30am.

World Mental Health Day: Tue 10th Oct. Class massage and relaxation visits with Donna.

Friday Tuckshop: will take place every Friday, continuing on Friday 20 Oct.

Solitude Friday Visits on Friday 20 Oct.

Book Fair starts tomorrow, Monday 16th Oct

Rewarding Pupils: Awards for Reading, Maths and Attendance at Mid-term and end of term to start Monday 23rd October.

Halloween Break from Thur 26th Oct to Wed 1st Nov inclusive. Halloween Hooley will take place on Wed 25th Oct. There will be a prize for the best costume in each class. No dinners will be served, and the pupils will finish earlier on 25th Oct: P1 will finish at 11.30am. Early finish on Wed 25th Oct (P2, 4 & 6 finish @ 11.45am, P3, 5 & 7 finish @ 12.00pm. RR, SR & P 1 finish @ 11.30am.

TRIPS: 4W R12 on Mon 23rd Oct and 4M R11 on Tue 24th Oct (WW2 Trip). Year 4 to Waterfront Hall (Ulster Orchestra) on Mon 27 Nov.

P7H Relaxation and Therapy sessions with Donna Hawkins on Wed 8, Wed 15, & Fri 24 Nov.

P7 Transfer Mock Day 1 Tue 7th Nov and Day 2 Tue 21st Nov 2023.

Anti-Bullying Week: Mon 13 to Fri 17 Nov.

World Philosophy Day is on Thur 16th Nov 2023 (Focus on Aristotle).

OPEN DAY for prospective P1 pupils in September 2024 on Tuesday 28th Nov 2023.

Holy Communion on Fri 17 May 24 @ 11am. HCB and HCG will make it together.

YEAR	START	Finish	Friday Finish
1	9.00	2.00	12.45
2	8.45	2.15	1.00
3	9.00	2.30	1.00
4	8.45	2.45	1.20
5	9.00	3.00	1.20
6	8.45	2.45	1.20
7	9.00	3.00	1.20
RR	8.45	2.00	12.30
SL	8.45	2.30	12.30

HCB Weekly Bulletin for Monday 16th to Friday 20th October 2023