

Dear Parent/Guardian,

We would like to thank all our pupils, parents and staff for making our return back to school in the last three weeks a smooth transition for everyone involved.

We have had a few parents ask us to reconsider some of the arrangements put in place for the start of the new school year. After discussions with our Student Council (P4-7) and the Senior Leadership Team, we have decided to compromise on the following:

Break: Children can now have <u>a small bread based snack and a yoghurt</u> alongside fruit and/or vegetables. The only drinks taken should be either milk or water. Bread based snacks with a sugar free filling e.g. plain bread sticks, bread rolls, sandwiches of ham, tuna, cheese etc. Scones, muffins or pancakes can be used occasionally as they contain some sugar and may cause tooth decay if taken frequently.

| Small Bread Snack | Fruit/Yoghurt | Water/ Milk |
|-------------------|---------------|-------------|
| | | |

P.E: We have received complaints about children having to get changed before/after Physical Education for various reasons. Therefore, like many Primary Schools, we have decided to introduce a PE Uniform for the days your child has PE.

Your son can come to school for the day/s he has PE in the following:

- Black Jogger Bottoms
- White Polo Shirt
- Normal Black School Jumper with HCB Crest
- Black Trainers

Alternatively, pupils can continue to come to school in their full School Uniform and bring in their own PE gear and get changed in class before/after PE, if they wish to do so (up until Halloween).



Black Slogan Detail Jersey Joggers £6

Thanks for your continued support.

Mr K McArevey Mr C Curran (Principal) (Vice-Principal)