

H.C.B.Sc ophy Hous H C B S Rainbow Rm: Seb Burns <mark>Starlight Rm:</mark> Stephen Marley P1F: Brian Og Wooton & Cole Beale P1T: Jacob Cooke-Faulkner & Wellbeing Weekly Saul Gormley 2Q: Leighton Brady & Logan Murphy P2M:Sean Neeson & Caleb Donaghy P3M: Fiachra McComb & Leo MILL

Philosophy Question: Is it ok to eat meat?

H C B S

Weekly Challenge: Picture your favourite place and go there in your mind to feel good again. Motivational Quote: Don't cry because it's over, smile because it happened. Dr. Seuss



Jack Frame, Patrick Llewellyn, Kaiden McLaughlin, Maddex Neill, Caoimhin Catney, Fionn Morgan, Jack Hamilton, Daniel Mcgonigle, James McCorry, Odhran McGranaghan, Kaeden Morgan & Ryan Owens.



Trainer Tuesday: Pupils can wear their trainers on Tuesday 13th Dec for 50p

Friday Tuckshop will take place every Friday, continuing Friday 16th Dec 2022.

Rewarding Pupils: Awards for Reading, Maths and Attendance for term 1 on Wed 14th December 2022.

Accelerated Reading/FRECKLE Certificates (in classes) Mon 12th December 2022

P1-3 Christmas Show: Wed 14th Dec (Parents) & Thur 15th Dec: (Parents) @10am in school hall. Christmas Dinners, Christmas Jumpers & Santa

Visit on Fri 16th Dec 2022. It will be a non-uniform day when P1-7 pupils and staff will be asked to wear their Christmas jumper. Santa will meet P1/2/RR/SL pupils in hall and then visit P3 classrooms.

Advent Penitential Service on Tue 20th Dec 2022. Christmas Holidays: Pupils will finish earlier on Wed 21st December 2022 at the following times: P2. 4 and 6 finish @11.45am. P3. 5 and 7 finish @12.00pm. Rainbow Rm, Starlight Rm and P1 will finish at 11 30am

Primary 7 Swimming: Week Number 1 will start after Christmas at the Falls Leisure Centre. P7 Confirmation: on Friday 27th Jan 2023 @11am The NSPCC PANTS programme Thur 23rd Feb 22. irst Holy Communion: Sat 20th May, 2023@11am

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				YEAR	START	Finish	Friday Finish
/edneday 14 th Dec	Thursday 15 th Dec	Friday 16 th Dec		1	9.00	2.00	12.45
				2	8.45	2.15	1.00
east of Chicken Curry with	Burger in a Bap Coleslaw	5000		3	9.00	2.30	1.00
oiled Rice & Nann Bread Garden Peas	Tossed Salad	Contra mage		4	8.45	2.45	1.20
	Chips	CULPS 103		5	9.00	3.00	1.20
	Baked Potato	* Jinnen*		6	8.45	2.45	1.20
Fruit Sponge & Custard	Fresh Fruit Selection & Yoghurt			7	9.00	3.00	1.20
		Treatment of Banki Wite not					

RISTOTLE Cosgrove P3L: Solomon Ysak & Kieran Óg Kearns P4M: Lorchain Keenan & Caiden O'Hara P4W: Caolan McAllister & Calvin H C McGeough<mark>P5C:</mark> Finnbarr Johnston & Ethan Maguire <mark>P5M</mark>: Sean McConnell McAuley & Eoin Montgomery <mark>P6EJ:</mark> Barra Quinn & Faelan McGuckian 6MJ; Phoenix O'Sullivan & Michael John Nugenty 7H; Theo Patterson & Pearse Maguire PLATO

OCRATE Solitude Winners: Well done to the following boys who were selected to go to Solitude on Friday 9th December 22 for a coaching session on the pitch with our two current staff members, Tony Kane (Dundela FC) and Joe Gormley (Cliftonville FC). This was rescheduled for tomorrow, Mon 12th due to weather. Selected pupils must wear suitable PE gear (tracksuit bottoms/top) and coats into school (NO SHORTS). The boys were selected for their outstanding efforts with their behaviour and attitude. Thanks so much to Cliftonville FC and especially Imelda Pettigrew for the use of their superb facilities every week. Starlight & P4: Thomas Boyle, Dáire Savage, Caleb Patterson, Noah McKervey, Shea McCaul, Eamonn Burns, Rio Cooke-Faulkner & Jamie McGonnell. P5: Kieron Muldoon, Ethan Maguire, Ryan Reilly, Harley Finnegan, Michael Millen & Ciaran Gormley. P6: Tiernan Graham, Gavin Og McKeown, Jack McCabe, Sean Og Copeland, Jack Stewart & Junior Brady, P7: Jamie Burns, Michael Morgan, Tavo Keva, Aodhan Sloan, Pearse Maguire & Aidan Travers, Class Posters: The deadline to order a class poster was on Friday. The boys who have paid the £5.00 for a class poster will their A3 Coloured Gloss Poster before the Christmas holidays.

21-3 Christmas Show; Our annual P1-3 Christmas Show will take place this Wednesday 14th and Thursday 15th December 22 at 10.00am (ticket only). Christmas Dinners, Christmas Jumpers & Santa Visit will be on Fri 16th Dec 2022. It will be a non-uniform day when P1-7 pupils and staff will be asked to wear their Christmas jumper. Santa will meet P1/2/RR/SL pupils in hall and then visit P3 classrooms.

HCB Christmas Post Box: This HCB Christmas Postal Service commenced after our investment in a Christmas Post Box. The boys can now post their Christmas cards to other boys in the school as our P7s have been sorting and delivering HCB Christmas mail. The boys can also post their letters to Santa. lerated Reading/FRECKLE Certificates: Mr Connolly (AR Coordinator) and Mr Morrin (Maths Coordinator) will visit the P4-7 classes tomorrow, Monday 12th December 2022 to present certificates to the boys who are doing well in both AR and Freckle!

Term 1 Awards: Mr McArevey and Mr Curran will visit classes on Wed 14th Dec 2022 to give out awards for Reading, Maths and Attendance for term 1. Philosophy: Team HCB Philosopher of the Week goes to P1 Fionn for excellent reasoning around strength of character!

Physical Education: Gaelic/Hurling sessions with Gaelfit's head coach, Oisin McVicker on Thursdays will restart for Primary 7 classes on 19th January 2023, while the School Handball Team will also restart their handball training in the Ardoyne GAA Handball court. Some of our boys were brave enough to complete one lap the Cavehill with Oisín last week, when he completed his challenge to climb Cavehill 25 times and raise money for North Belfast Community Food Bank. Well done Oisin! (Pic below). Thank you to the Ardoyne Kickhams for the use of their excellent facilities and for their support in helping to raise the standards of Gaelic Games in the school. HCB (under the tutelage of Mr Jennings) will compete in the Cyril Murray Cup final in January 2023. Sonal Sports will have the P4 & P5 on Thursday morning in the Community Centre: P4W R12:9.30-10.00am, P5C R15: 10.00-10.30am, P5W R14: 10.30-11.am and P4M R13: 11-11.30am. Swimming: The Primary 7 classes will commence their 8-week programme in January 2023.

ing Service: With the support of Happy Healthy Minds, we offer a specialist counselling service for selected pupils, every week (individually and/or in small groups). A different class will also receive a session each week to highlight the importance of dealing with emotions and mental health strategies. This will restart on Tue 10 Jan 23 for RR R7).

Mental Health Awareness: Sessions will continue for P6 & 7 pupils on Thur 15th December with specialist, Joe Watson

Extended Schools: Block 3 will start on week beginning Monday 9th to Friday 13th January 2023. https://storage.googleapis.com/siteassetsswd/684/docletter/20221202103348_100_2022-23_ES_DATES_TIMETABLE.pdf

Christmas Holidays: Pupils will finish earlier on Wednesday 21st December 2022 at the following times: Rainbow Rm, Starlight Rm and P1 will finish at 11.30am, P2. 4 and 6 finish @11.45am & P3. 5 and 7 finish @12.00pm.

Lord Mayor Visit: P7H had a wonderful visit to Belfast City Hall last Tuesday and had high tea with Lord Mayor, Christina Black. The boys were given an amazing tour of City Hall and then had a chance to have an insightful chat with the Lord Mayor before trying on the Lord Mayor's chain. The boys represented our school superbly. Well done lads! A huge thanks to the Lord Mayor, her staff and local Cllr Nichola Bradley for organising the trip.

Musicians of the Week – P4/5 Choir Monday 12th Dec Tuesday 13th Dec w Lunch Salmon Fish Cake/Breaded Fis Pasta Bolognaise Bre usty Bread Mashed Potato Menu

Raspberry Ripple Ice Cream &

Frozen Smoothies & Fish Fruit HCB Weekly Bulletin 13 Monday 12th to Friday 16th Dec 2022